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| **Task Group –***VOCATIONAL GROUP 4* | | |
| **Group coordinator(s):** | | |
| **Name** | **Country** | **Email** |
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| **TG members** | | |
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| **Overall Aims and Objectives of Task Group** | | |
| |  | | --- | | Review current research activity and evidence relating to the prevalence and impact of appearance-related distress | | Develop common methods of establishing the prevalence of appearance dissatisfaction in the various settings in member countries | | Develop common methods of determining the impacts of appearance concerns on physical & psychological health in member countries | | Assess the evidence for the effectiveness of current interventions in each setting | | Consider the particular needs of minority and socially marginalized groups | | Extend the Action to other researchers & practitioners during the life of the Action | | Build relationships & partnerships to facilitate research during and beyond the life of the Action | | Identify key stakeholders and experts and raise their awareness of the extent and impact of appearance dissatisfaction | | Identify potential sources of funding & develop funding bids to underpin future research activities |   Additional focuses;   * *Develop, evaluate and refine training packages and other awareness raising resources for practitioners relating to the prevalence and impacts of appearance dissatisfaction in educational, vocational and health contexts.* * Two main activities were planned. A survey on body image and health issues among students in higher education settings and a intervention study on body image and health issues among students in vocational/disadvantaged settings based on existing case study interviews (Denmark). | | |

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| **Activities of Task Group** |
| * Conducted a survey on body image and health issues among students in higher education settings in Denmark, Croatia, Portugal, Germany and Czech republic * Conducted an intervention program on body image and health issues among students in vocational/disadvantaged settings based on existing case study interviews (Denmark). * Collected training packages *other awareness raising resources* from different areas for further refinement and usage in vocational settings * We have been reviewing the particular needs of minority and socially marginalized groups in vocational settings and have gained knowledge of the limitations of traditional intervention programs and reflected on how to overcome them. * We have identified potential sources of funding & developed funding bids to underpin future collaboration activities within Erasmus+ program * We have built connections and relationships, in order to facilitate research or other cooperation activities beyond the life of the Cost action IS1210. * We have extend the IS1210 to other researchers & practitioners during the life of the Action by means of dissemination activities, awareness raising and collaboration. * We have developed and submitted 11 EU grant applications (5 successful and finalized latest 2017, and 10 new Erasmus+ or Horizon 2020 applications submitted for assessment during 2017) * Reflecting on the models for cooperation between researchers and the practitioners in VET sector * Established networks with potential cooperation partners for future research |

OUTCOMES, ACTIVITIES & ACHIEVEMENTS RESULTING

FROM TASK GROUP ACTIVITIES

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| **Publications** (include only those with at least 3 authors from 3 different COST Countries) |
| European Union grants given for the following projects;  Mirror, mirror Project- <http://www.mirrorproject.eu/>  COST IS1210 project- <http://www.facevalue.cc/>  IHEM project- <http://www.ihem.no/>  Appearance Matters project- <http://www.appearancetraining.com/>  Negative project- no web  \*A paper on body image and health issues among students in higher education settings in Denmark, Croatia, Portugal, Germany and Czech republic will be written at the end of the grant period |

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| **NETWORKING** |
| **Added value of the Networking** (within the TASK GROUP) |
| \*Increased understanding of different roles within the vocational field. E.g. practitioners vs researchers and other professionals.  \*An increased willingness to cooperate across sectors, professions and countries  \*Concrete future project proposals have been submitted as a direct outcome of networking activities  \*Better ability to take different perspectives on our main topic- vocational education  \*Sharing good practise and getting insight into other people’s work/field  \*Building common Support for understanding of cooperation and common policies  \*Close and long lasting personal contacts have been made that will be useful in the future within the theme of the action.  \*It has enabled matchmaking between researchers and practitioners  \*Increased awareness and understanding of funding opportunities in Europe |

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| **Please describe any other outputs and achievements that have resulted from Task Group activities, or that are still in progress, highlighting, in particular, those relevant to the aims of COST** (“COST enables break-through scientific developments leading to new concepts and products and thereby contributes to strengthen Europe’s research and innovation capacities.”) |
| \*We plan to further expand our survey on body image and health issues among students in higher education settings to other European countries and use it to write and publish papers  European Union grants developed the last period of the grant period and submitted in 2017;  \*All Aboard- All Aboard- training program development for youth workers in inclusion of youth with visible difference in core activities  \*Manage IT- MANAGE IT- Simplifying participation and project management processes for NGOs and Youth organisations  \*ECTP- Early care training programme for health care professionals working with children born with orofacial clefts and/or craniofacial conditions  \*Corrective VET - international training for obesity prevention and healthy life style promotion  \*Safety First in Education  \*Migrant Intercultural Generated Resources and Nursing Training  \*I.D.E.A. ! TOGETHER WE CAN! - Individual with Disabilities Education Aim: Together we can!  \*Cutting Edge Training: Optimising medical outcomes for patients undergoing appearance altering procedures via innovative training of health care professionals.  \*ACKNOWLEDGE ME. A Coaching Kit for creating Better Opportunities for Social inclusion, Learning and Employability in Europe  \*H2020 Co-creation Call: Youth Enterprise Education for Future Growth in Europe – the E-Futures Project |

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| **Impacts** | | |
| Please describe the impacts that have resulted, or might result from the Action in future | | |
| **Description of the impact** | **Type of impact1** | **Timing of impact2** |
| Reached around 5000 people with dissemination activities | Societal | Achieved |
| Creation of new NGO’s to support action goals | Societal | Achieved |
| Submission of 10 EU Erasmus+ project cooperation applications per year for the next 3 years | **Scientific, Societal** | **Foreseen 2-5 years** |
| More direct cooperation between doctors, researchers, practitioners and stakeholders, not only within the EU, but specifically with partner countries of the EU. | **Scientific, Societal** | **Achieved**  **Foreseen 2-5 years** |
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Scientific/ Technological, Economic, Societal

2 Achieved/ Foreseen within 2 years/ Foreseen 2-5 years/ Foreseen 5-10 years/ Foreseen 10+ years

DISSEMINATION & EXPLOITATION OF TASK GROUP ACTIVITIES

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| **Add description here** (Add more rows if needed) | | | | | |
| **Item/ activity** | **Country** | **Target Audience** | **Number** | **Result** | **Hyperlink** (if available) |
| ***Below are examples of some activities,***  ***Please delete before starting*** | | | | | |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 12 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 14 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 9 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers | 44 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 23 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers | 11 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers | 17 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 9 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers | 24 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 33 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers | 6 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 16 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 8 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers, teachers, healthcare professionals | 130 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 32 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers | 14 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | **School staff, school leaders** | 22 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers, school staff | 56 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers, school staff | 42 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers | 23 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | School staff, Social workers, school leaders, politicians | 74 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | stakeholders | 34 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Social workers | 32 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | School leaders | 61 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Youth workers | 12 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Youth workers | 24 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| **Meeting/**  **dissemination event** | Norway | Private entrepreneurs | 8 | A presentation of the COST IS1210 project in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific COST IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| Meeting/  dissemination event | Norway | School leaders | 47 | A presentation of the IS1210 in Powerpoint format describing Erasmus+, appearance related issues, relevant research and specific IS1210 related aspects. This was followed by a plenary reflection session. Increased awareness and knowledge about the topic and COST IS1210 |  |
| Meeting, dissemination event | Croatia | University students, teachers | 200 | Presentation of potential research area and Cost action IS1210 in order to recruit participants for data collection |  |
| Meeting, dissemination event | Croatia | University students, teachers | 158 | More detailed information on our action and research, and data collection event |  |
| Seminar - education | Croatia | School health services staff – medical doctors and nurses | 4 | Seminar on appearance perception importance based on teaching material from COST project |  |
| Lectures - discussion | Croatia | Students on the Faculty of Applied Medical Sciences | 5 | Within the subject Public health one hour has been devoted to the project, appearance perception and its influence on individuals and society |  |
| Doctoral thesis application | Croatia | Medical School University of Zagreb | 1 | Approved application of the doctoral thesis based on the appearance, attachment and risk behaviour inter-relations |  |
| Meeting/  dissemination event | Portugal | College students, college staff, college leaders | 158 | The dissemination about the topic and COST IS1210 have been made during the master course at University. The presentation of the COST IS1210 and its objectives was made as well as the concern to study the relation between appearance perception and the health state of young people who are in a training phase: higher education. This data collection culminated in a Master's thesis that (in Portugal the students provide a public Master's exams), made possible the dissemination of knowledge on the topics of COST IS1210, too.  At this moment we wait for the publication of a scientific article because it is under review in the scientific journal where it was already submitted. |  |
| Meeting/  dissemination event | Denmark | University students, teachers at University of Aalborg, dept. in Copenhagen | 240 | Presentation of project and potential research area |  |
| Meeting/  dissemination event | Denmark | University students, teachers at University of Aalborg | 132 | Presentation of project and potential research area |  |
| Meeting/  dissemination event | Portugal (via Denmark) | Conference participants International conference of culinary arts and sciences 2015 | 2400 | Poster session, exhibition of COST action IS1210 |  |
| Meeting/  dissemination event | Denmark | Conference participants International conference of culinary arts and sciences 2016 | 2100 | Poster session, exhibition of COST action IS1210 |  |
| Meeting/  dissemination event | Denmark | Healthcare professionals | 235 | Presentation at local cooperation meeting |  |
| Meeting/  dissemination event | Germany | University students, teachers at dept of. Engineering and technology,  Art and humanity, and  Social Sciences and  Management- Fachhochschule  Dortmund | 400 | Presentation of project and potential research area |  |
| Meeting/  dissemination event | Germany | University students, teachers at dept of. Engineering and technology,  Art and humanity, and  Social Sciences and  Management- Fachhochschule  Dortmund | 281 | Detailed event about our research in Vocational group and data collection |  |
| Meeting/  dissemination event | Germany | Local stakeholders | 29 | Informal talks with public employees in education sector |  |
| Meeting/  dissemination event | Germany | University staff at Fachhochschule Dortmund | 91 | Information about COST action IS1210 for teachers and professors |  |
| Meeting/  dissemination event | Germany | University staff at Fachhochschule Dortmund | 12 | Information about COST action IS1210 for administrative staff |  |
| Meeting/  dissemination event | Czech republic | University students and staff | 120 | Initial information event in order to recruit students for sample collection |  |
| Meeting/  dissemination event | Czech republic | University students and staff | 130 | Initial information event in order to recruit students for sample collection |  |
| Meeting/  dissemination event | Czech republic | University students and staff | 160 | Initial information event in order to recruit students for sample collection |  |
| Meeting/  dissemination event | Czech republic | University students and staff | 301 | Sample collection event with detailed presentation of IS1210 action and the COST programme |  |
| Meeting/  dissemination event | Portugal- Azores Island | Public authorities | 21 | Meeting at mayor’s office in Madalena community on PICO island |  |
| Meeting/  dissemination event | Portugal- Azores Island | Teachers, trainers, volunteers in public sector | 35 | Meeting at a local VET school at Pico Island |  |
| Meeting/  dissemination event | Portugal- Azores Island | Public authorities | 31 | Meeting at mayor’s office in Madalena community in Ponta Delgada |  |
| Meeting/  dissemination event | Portugal- Azores Island | Teachers, trainers, volunteers in public sector | 46 | Meeting at a local VET school in Ponta Delgada city |  |
| Meeting/  dissemination event | Portugal- Azores Island | Teachers, trainers, volunteers in public sector | 14 | Meeting at a local primary school in Ponta Delgada city |  |
| Meeting/  dissemination event | Portugal- Azores Island | Teachers, university students | 203 | Disseminating COST action IS 1201 at Universidade dos Açores |  |
| Meeting/  dissemination event | Portugal- Azores Island | Board members of Pej. Azores | 8 | Presentation of IS 12010 action and the COST programme |  |

Were there any challenges that were encountered in your task group? What solutions were used to overcome these challenges?

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| * Not all members attended WG meetings, meaning coordination was difficult * Not all members responded to emails and updated the rest of the group on their status * The WG members were both researchers and practitioners, it was difficult for everyone to join each other’s activities. We solved it by working on 2 separate issues, one for practitioners and one for researchers * Varied motivation and commitment to specific tasks. Was not solved during the action |

THANK YOU VERY MUCH FOR completing this and for ALL YOUR HARD WORK!