

A comparison on European level between clinicians and patients' perception on Appearance

Health Care Settings:
Cleft and Craniofacial (Group 6)

Cleft lip and/or palate?

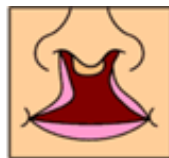
- One in every 700 babies is born with a cleft.



Unilateral incomplete



Unilateral complete



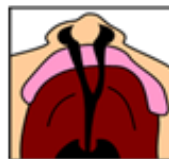
Bilateral complete



Incomplete cleft palate



Unilateral complete lip and palate



Bilateral complete lip and palate



<http://www.transformingfaces.org/programs/cleft-care/cleft-lip-palate/>

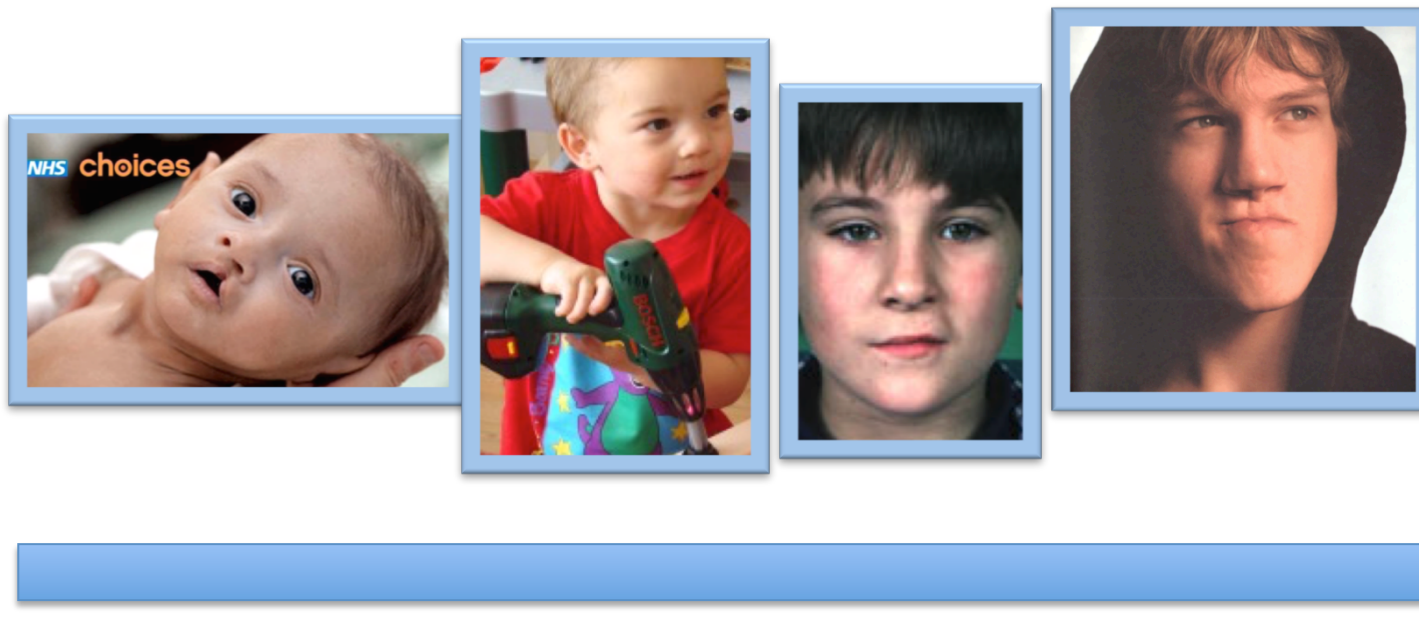
<http://www.nhs.uk/Conditions/Cleft-lip-and-palate/Pages/Introduction.aspx>

Multidisciplinary

- Nursing
- Reconstructive (Plastic) & Maxillofacial surgery
- Speech therapy
- Orthodontics
- Audiology
- Psychology
- Genetics
- Dentistry

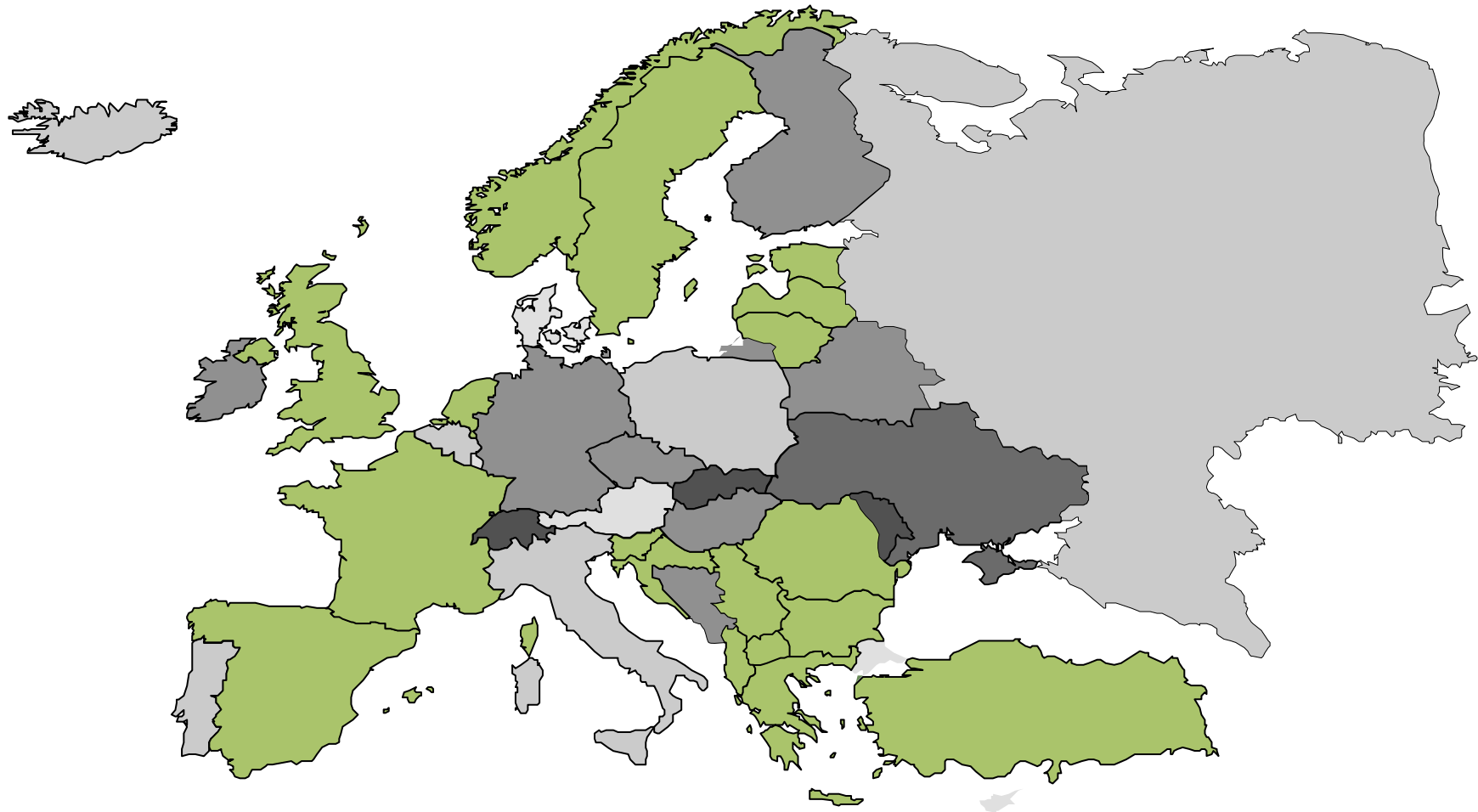


Treatment



From birth to adulthood

18 Cleft teams/NGO's/Researchers



Objectives

- Identify what factors contribute to good adjustment in adults with cleft?
- Trial how to measure psychosocial adjustment for individuals with cleft across Europe.
- Generate collaborative grant applications
- Generate resources that can assist with psychosocial training of health care professionals and consequently enhance research collaboration.

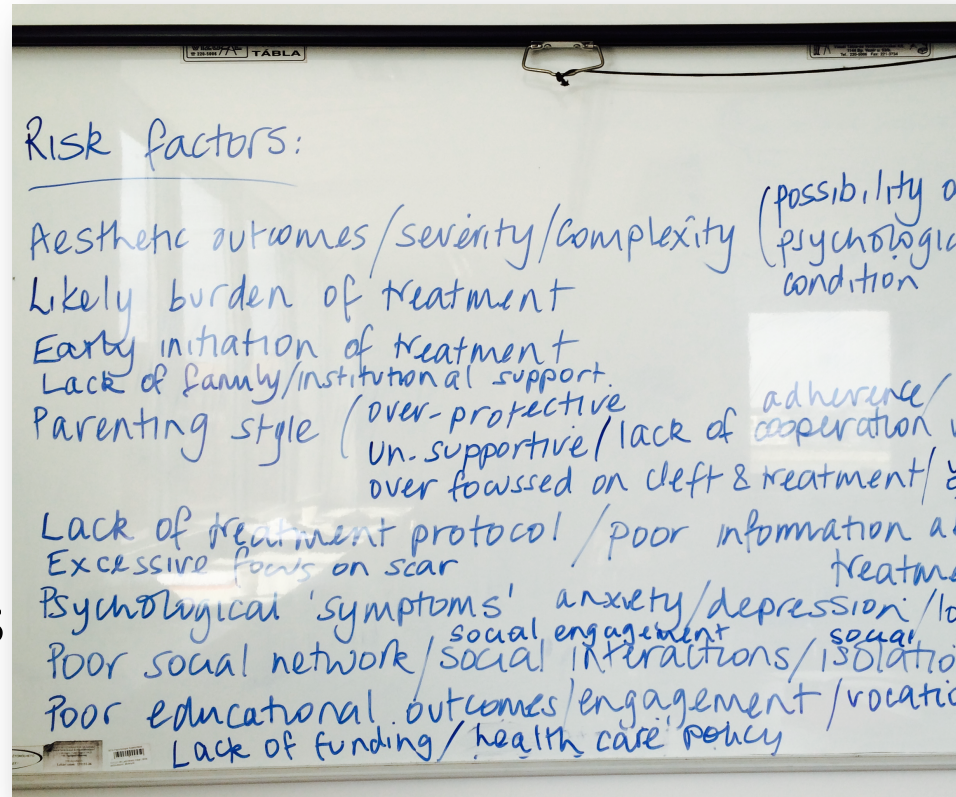


What factors contribute to good adjustment in adults?

How do we achieve that for our patients?

Outcomes

- A one-day group exercise to identify psychosocial variables important for positive adjustment and risk factors
- 12 European countries represented





Translation and pilot
study of the Cleft Hearing
Appearance and Speech
Questionnaire (CHASQ)

CHASQ

- Background
- Method
- Results

Background

- Standardized treatment protocols
- Lack of corresponding protocol regarding psychological treatment
- No widely accepted Patient Reported Outcomes (PRO) measure

Background

- Results inconsistent
 - boys and girls ¹⁻⁴
 - patients and norm-population ³⁻⁷
 - patients and their parents ^{1, 6, 8-12}
 - patients and clinicians/objective ratings ^{3, 6, 12-15}
 - different age groups ^{2, 7, 9, 16, 17}

- Satisfaction with appearance significantly correlates with self-reported psychosocial functioning. ^{3, 8, 18, 19}



Earlier research

- Lack of widely accepted instrument
- Most questionnaires used for studying PRO had been used in only one study ^{21, 22}
- Did not meet scientific standards of reliability, validity, and responsiveness ²³
- Difficult to compare, conclude and build on from ²⁴

Problems with Patient Reported Outcomes

- Parents and patients have great trust in the health care professionals
- Lack comparative knowledge of cleft treatment and outcomes
- High satisfaction with treatment due to gratefulness
- Justify their investment of emotions and effort
- May forget⁹
- Fear of more surgical interventions ¹

Even if it seems difficult...

- Include assessments of psychosocial outcomes into standard practice
- Incorporation of a psychologist or counsellor in a cleft-team ¹⁶
 - Patients rarely discuss psychosocial issues
 - No routine psychosocial screening
 - Hardest part about having a cleft ⁹
- Treatment decision is taken by the clinician through an assumption of the patients view without information on the patient's psychosocial situation

Summary

- Lack of internationally accepted outcome measure ^{3, 21, 24-26}

Objective

- Translate the CHASQ into seven European languages and to investigate whether the data across countries was comparable

Method

- The design of the study was decided upon in 2014 within the COST Action IS1210, Appearance Matters ‘Tackling the physical and psychosocial consequences of dissatisfaction with appearance’

Method

- CHASQ
 - Modified version of the Satisfaction with Appearance questionnaire (SWA) ²⁸
 - Designed by the Cleft Psychology Special Interest Group, Craniofacial Society of Great Britain and Ireland
 - specifically for patients with facial disfigurement
 - Good internal validity, construct validity and overall adequate psychometric properties ^{2, 3, 6, 13, 14, 18, 20, 27}

CHASQ

1. Questions about features typically affected by a cleft (factor 1 loading items)

1. How your face looks:

Very happy ☺ [] [] [] [] [] [] [] [] [] [] [] ☹ Very unhappy

10 0

2. Questions about features not typically affected by a cleft (factor 2 loading items).

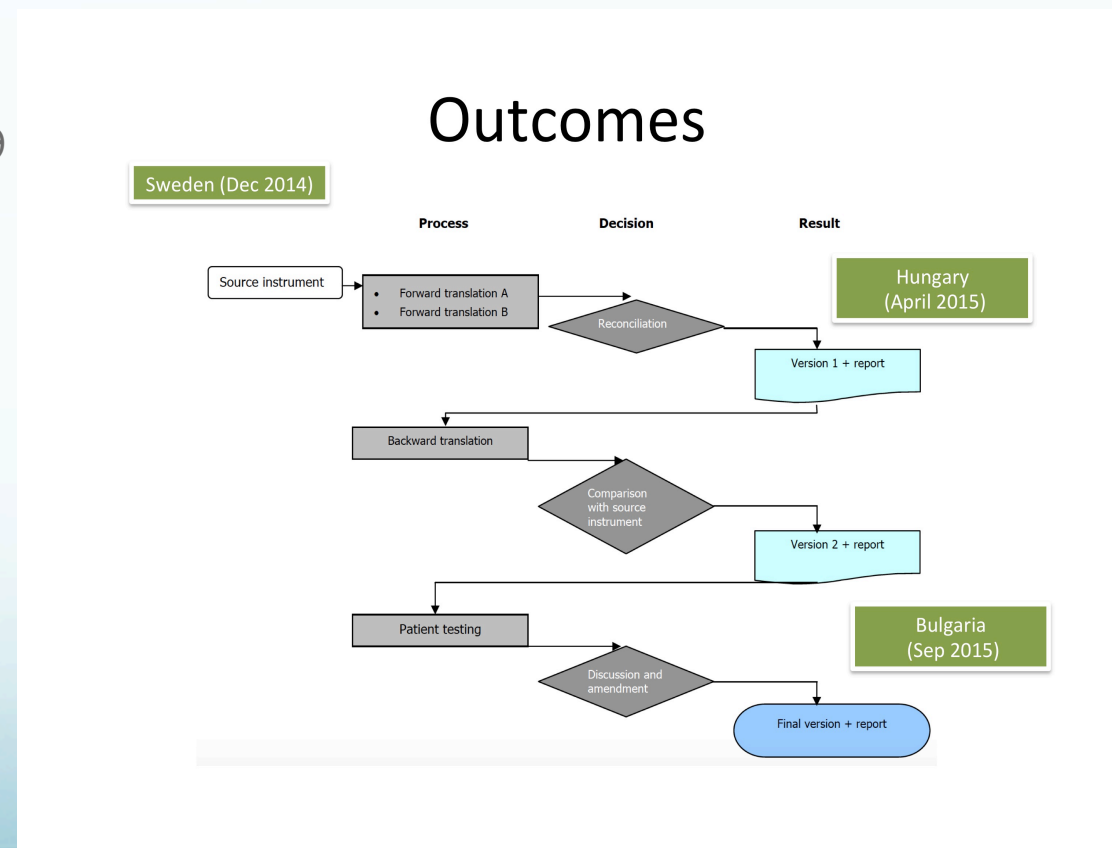
9. Cheeks:

[illegible]

Factor 1	Factor 2
Face	
Whole appearance	
Side view/profile	
Good-looking	
Nose	
Lips	
	Chin
Teeth	
	Cheeks
	Hair
	Ears
	Eyes
Speech	
	Hearing
How noticeable to others	

Translation

- Delegates translated the CHASQ into their national languages
- MAPI Guidelines ²⁹



Method

- The CHASQ was piloted in seven countries
 - Bulgaria
 - Estonia
 - Latvia
 - Macedonia
 - Montenegro
 - Romania
 - Sweden

Data Collection

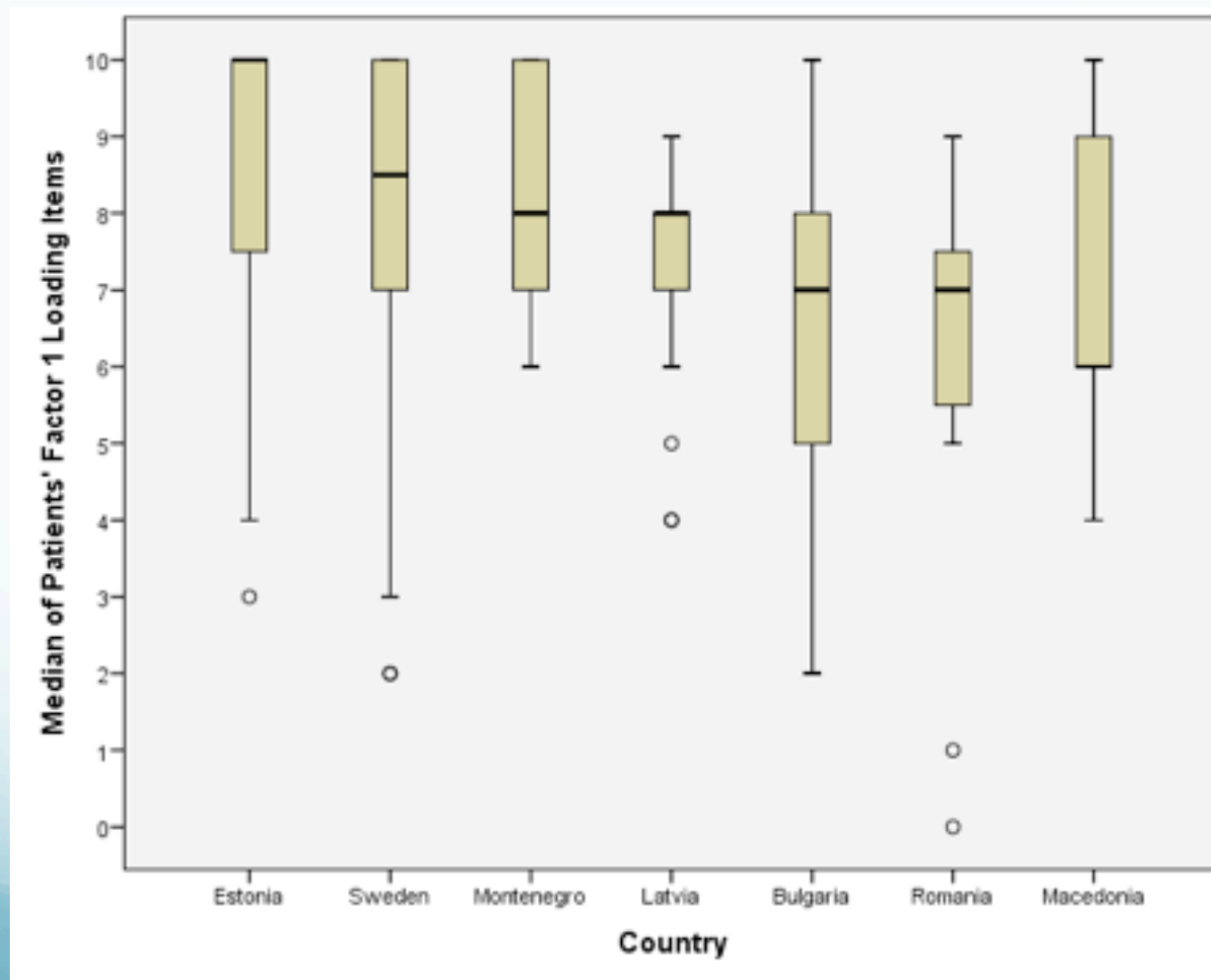
- CHASQ was administered to patients and parents at routine visits to clinics
- Clinician filled out the questionnaire directly after the visit

Results

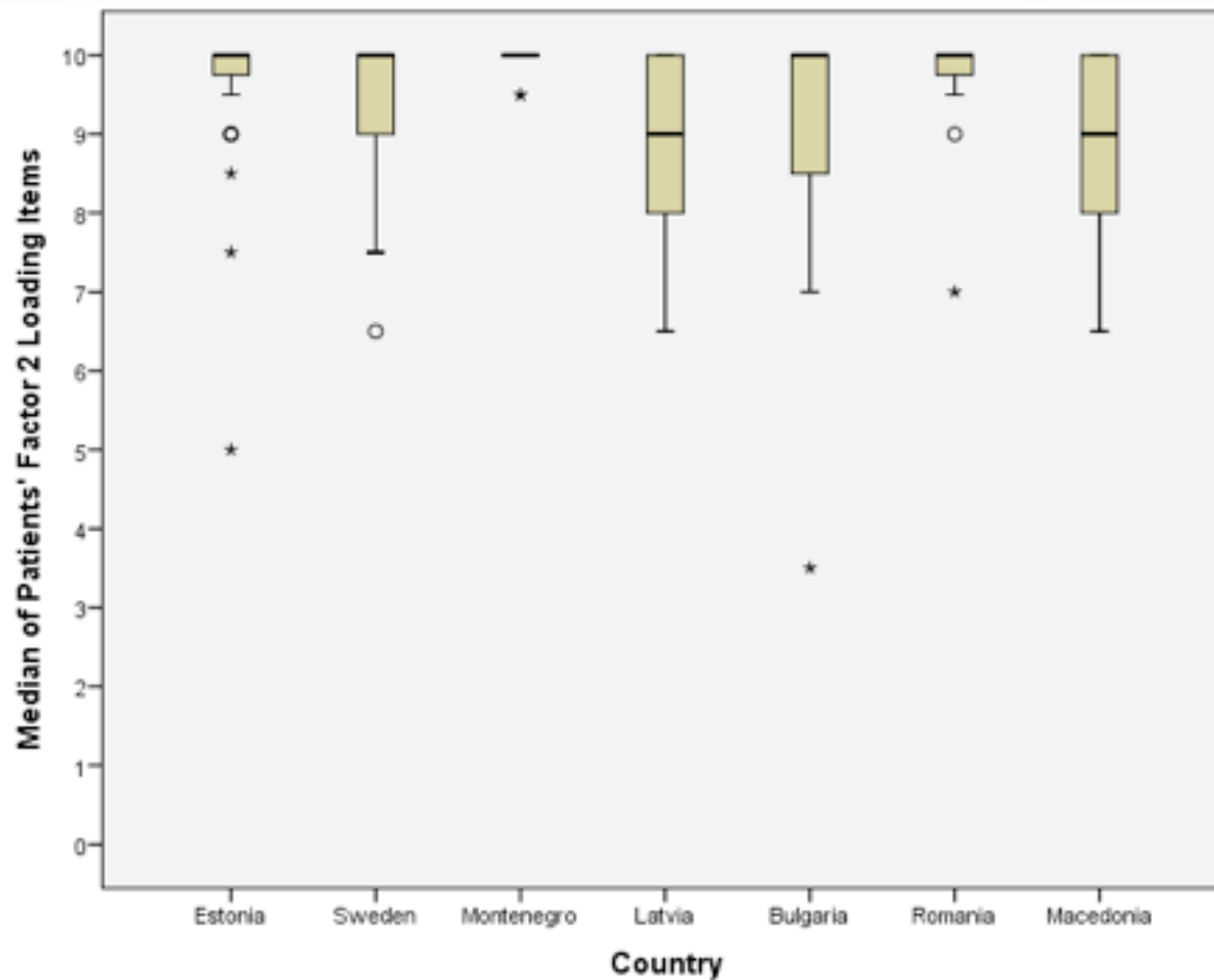
Patient factor 1 loading items

Country	Number of patients	Median	Mean
Estonia	28	10,0	8,3
Sweden	48	8,5	7,8
Montenegro	10	8,0	8,5
Latvia	17	8,0	7,1
Bulgaria	30	7,0	6,6
Romania	11	7,0	5,8
Macedonia	30	6,0	6,8

Median of patient factor 1 loading items



Median of patient factor 2 loading items



Conclusions

- Some variations in scores of the CHASQ between countries
- Translation and utilization of the same questionnaire will make international and cross-study comparison easier



Healthcare Professionals' experience of using the CHASQ

Fabio Zucchelli ^a, Dr Martin Persson ^a, Nick Sharratt ^a, Dr Ron Strauss ^b

^a The Centre for Appearance Research, UWE Bristol

^b University of North Carolina, Chapel Hill

What did we do?

Aim

- Gain HCP perspective on CHASQ's clinical usefulness as part of international validation process.
-

Method

- Online/paper survey
 - Focus group
 - Participants: COST Cleft & Craniofacial Task Group members using CHASQ
 - 16 HCPs* working in cleft care across 10 countries
-

Analysis

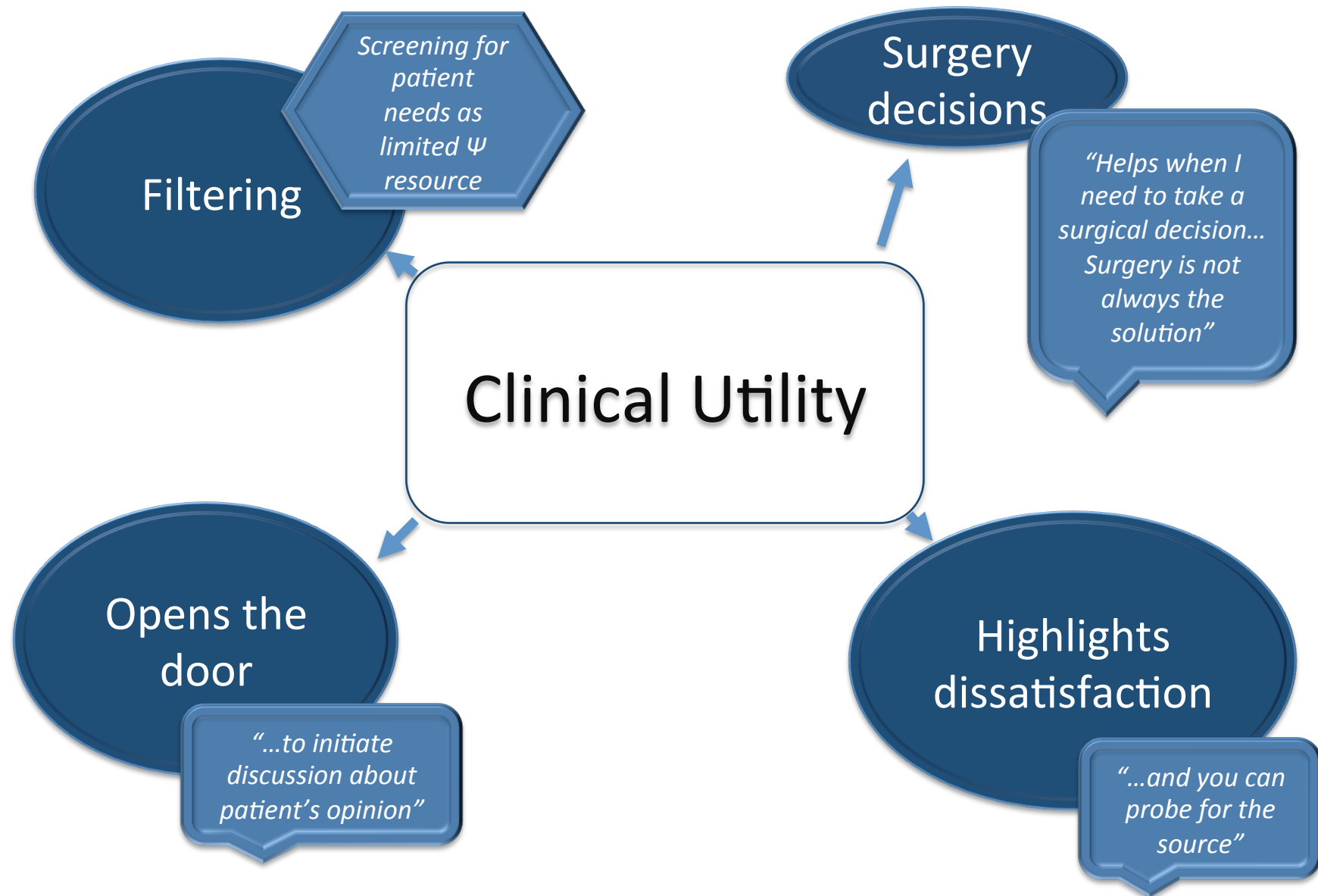
- Thematic analysis
-

Themes

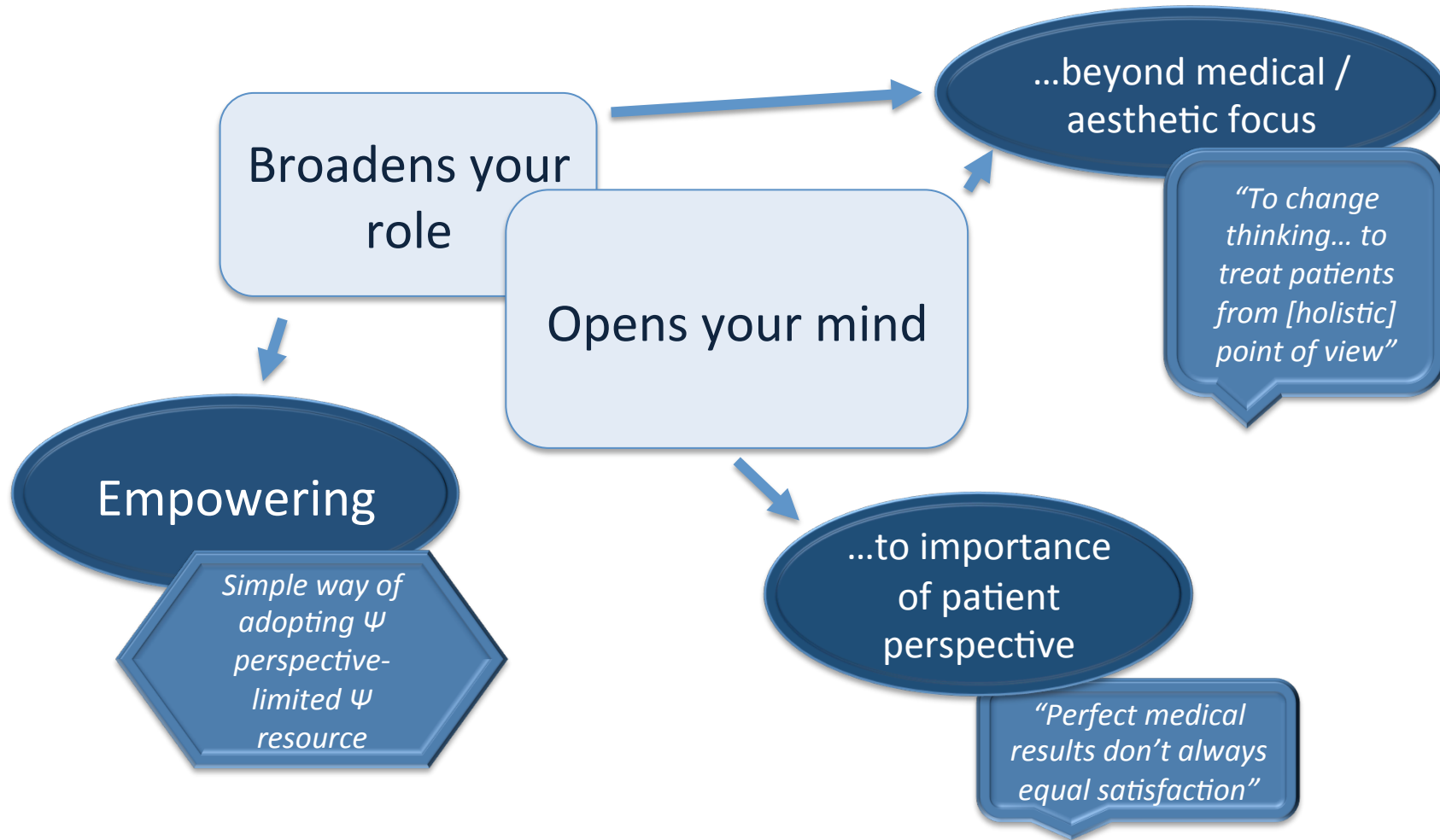
Clinical utility

Effect on HCPs

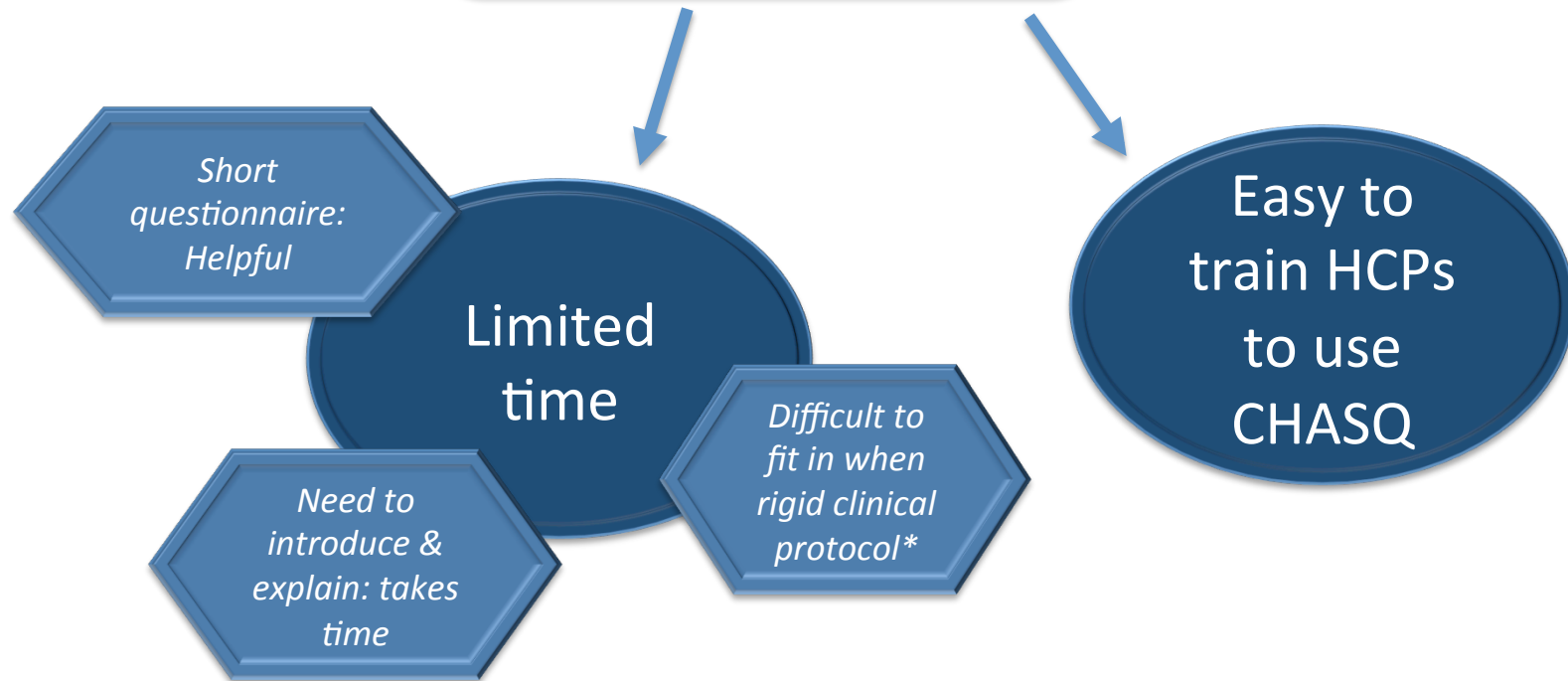
Implementing in practice



Effect on HCPs



Implementing in practice



COST involvement & CHASQ

- Involvement in COST Task Group increased psychosocial awareness through meetings, networking and training...
 - Piloting the CHASQ has provided a means of actually start psychosocial conversations with patients.
-



An International Conference about
the Impact of Appearance in our Society
Ljubljana, Slovenia

20 April 2017: MC & Task Group Meetings (closed to public)

21 - 22 April 2017: Conference

For two days, leading experts, researchers and practitioners in the areas of
education, vocational settings, public health, medicine and social & cultural aspects
from over 30 countries will present and share their research and practical experiences in relation to appearance.



The conference will also be open to non-COST members

The CHASQ included in the Electronic Medical Record for Facial Anomalies

Y. Anastassov,
K.Gigov, R.Khater, R.Velikova, M.Kazakova,
N.Hashova, M.Bojinov, S.Karakoleva ,
At.Gulev, P.Tcarvulanova

EMRFA
ELECTRONIC MEDICAL
RECORD FOR
FACIAL ANOMALIES



Medical University of Plovdiv

In 2010 – A project funded by the Ministry of Education, University of Plovdiv and partnership with ALA

Start in
Septembre 2013

The screenshot displays the EMRFA (Electronic Medical Record for Facial Anomalies) website. The header includes the logo, the title "ЕЛЕКТРОННО МЕДИЦИНСКО ДОСИЕ ЗА ЛИЦЕВИ АНОМАЛИИ", and contact information: +359 898 421 418 and info@dfa-bg.org BG EN. A navigation bar lists various sections like НАЧАЛО, НОВИНИ, ВРОДЕНИ ЛИЦЕВИ АНОМАЛИИ, etc.

On the left, there is a login form with fields for "Потребителско име" (Username) and "Парола" (Password), a "Вход" (Login) button, and links for "Забравена парола" (Forgot password), "Регистрация" (Registration), and "Помощ" (Help).

The main content area features a paragraph explaining the project's origin: "Регистърът е създаден по проект към Фонд 'Научни Изследвания' на MOMH в периода 15.02.2012 до 15.05.2014, по програма за 'Стимулиране на научните изследвания в държавните висши училища'." It also mentions the project's goals and the role of the ALA Association.

Below the text, there are three video thumbnails. The first is titled "Представяне на регистъра..." (Presentation of the register...). The second is "Регистър на Асоциация А..." (Register of Association A...). The third is "Intro - English Association ALA Register".

On the left side of the page, there are two logos. The top one is for "Асоциация на пациенти с вродени лицеви аномалии и техните родители" (Association of patients with congenital facial anomalies and their parents). The bottom one is for "УМБАЛ 'СВЕТИ ГЕОРГИ' ПЛОВДИВ" (UMBA 'SVEITI GEORGI' PLOVDIV) and "Отделение по Пластична Хирургия" (Department of Plastic Surgery).

The bottom of the screenshot shows a Windows taskbar with open files: "писмо до проф.doc" and "Оферта 2942.pdf".

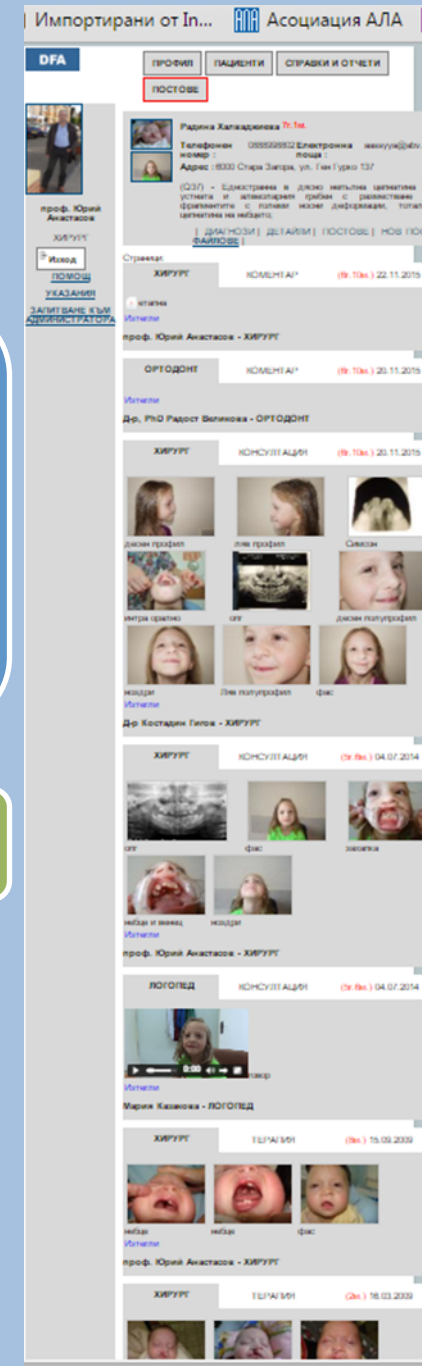
How it works ?

Voluntary participation, personnel data are protected. The patient or his/her representatives chose the specialists at home – nurse, ENT, speech therapist or orthodontist. Each specialist has a different panel for the diagnose, the actual outcome and a plan for treatment and filters

Each post can be a text, videos, pictures and PDF

Reminders at 3, 5, 8, 12, 14, 16 years of ages

Sending a mail to all participants when a new post is done



Selection of a specialist by the parents or the patient

The screenshot displays the website <https://dfa-bg.org/Home/Specialists>. The page features a navigation bar with links to HOME, NEWS, BIRTH FACIAL ANOMALIES, SPECIALISTS, MAP, MAJORS, FREQUENTLY ASKED QUESTIONS, STATISTICS, and LIBRARY. A sidebar on the left lists various medical associations and departments. The main content area is divided into two sections: a list of specialists on the left and a map of Bulgaria on the right. The map shows red location pins across the country, with a pop-up window displaying contact information for Svetoslava Stefanova, an Orthodontist.

Specialists List:

- Dr. Yuri Ananov - SURGEON
- Dr. Kostadin Ogov - SURGEON
- Associate Professor Dr. Petko Petrov - SURGEON
- Dr. Regina Heli - SURGEON
- Dr. Angelina Angelova - LOGOPED
- Assistant Anna Andreeva - LOGOPED
- Bergana Beycheva - LOGOPED
- Martina Beker - LOGOPED
- Assistant Boyana Boycheva - LOGOPED
- Master Maria Vasileva - LOGOPED
- Dr. Sofia Vaneva - LOGOPED
- Chief Assistant Elna Goranova - LOGOPED
- Head Nurse Olga Origoeva - LOGOPED
- Master Kalina Dencheva - LOGOPED

Map Location Pins:

- Svetoslava Stefanova - Orthodontists
- Simonetta Popova - Nutritionists
- Mario Milkov - ENT
- Dimitar PAPUROV - ENT

Map Pop-up Window:

Svetoslava Stefanova - Orthodontists
0887664372
stefanova.ortodont@gmail.com

Simonetta Popova - Nutritionists
0884183504
simonetapopova@gmail.com

Mario Milkov - ENT
35099897403
mario.milkov@gmail.com

Dimitar PAPUROV - ENT
0887316771
dpapurov@yahoo.com

[download](#)

prof. Yuri Atanasov - SURGEON

SURGEON

CONSULTATION

(5g 0m) 28/02/2014



cigarette butt

[download](#)



profile



occlusion

prof. Yuri Atanasov - SURGEON

LOGOPED

CONSULTATION

(5g 0m) 28/02/2014



0:00 / 1:57



0:00 / 2:08

[download](#)

Maria Kazakova - LOGOPED

SURGEON

CONSULTATION

(3g 0m) 02/03/2012



nostrils

[download](#)



cigarette butt



profile

prof. Yuri Atanasov - SURGEON

Name and surname of the patient
.....

Presence of other severe pathologies :
yesnocomments.

Lives in Institution ----- **yes /high risk /** , no ;

Lives in Institutions social residence – **yes**, no ;

Measures for protection
yesno . if **yes** select :

Lives with family members –names and
comments ...

Foster family names and comments

Othercomments

I Parents

Biological **yes – no**

Numerous family more than 3 childs : **yes**no ;

Other children in Institutions **yes**....no

Names of the Father -

Studies – **without studies** ---primary school ---,
secondary,... superior

Permanent work, **part time ; unemployment** –

Sickness of the Father **yes**no

Comments.....
.....

Names of the Mother -

Studies – **without studies** ---primary school ---,
secondary,... superior

Permanent work, **part time ; unemployment** –

Sickness of the Mother **yes**no

Comments.....
.....

Until 2 risk factors – low risk or regular
From 3 to 5 risk factors – medium risk – to be evaluated by the psychologist
From 6 to 12 risk factors – high risk - to be evaluated by the psychologist

Divorced -yesno
<u>Deceased Parents</u>
Mother yes ... no
Father yes ... no
Who is taking care of the child – names , comments
The rights of the parents are refused yesno
<u>III. Family Income</u>
- less than 1000 lev per month
Comments
<u>Distance of the home to a Departmental city</u>
-0-30 km
-30-100km
-More than 100 km
Comments.....
<u>The house where lives the child is :</u>
Own property ,rent,mortgage , belong to family members, other ...
Comments.....
<u>Particularities of the familial relationships – if signals .</u>
Comments
The patient or the family does not have electronic address or phone number

SFSA	PATIENTS	REFERENCES AND COMMENTS	STATISTICS &
[DETAILS] [PATIENTS] NEWPATIENTS :			
		election	
Alphabetical Age In order added)			
Pages : 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77			
<p>prof. Yuri Atanasov SURGEON</p> <p> email AIR</p> <p><u>INSTRUCTIONS:</u></p> <p><u>REQUEST TO THE ADMINISTRATOR</u></p>			
<p>Edward Mikayelova - 9 m. (Q35) = Total cleft palate;</p>			
<p>Elena Doidzhikova - 25g 10m. (Q35) = Total cleft palate;</p>			
<p>Elenur Basile - 8 m. (Q35) = Complete cleft soft palate, (Q76) = Irreversible stenosis; in conjunction with other moisture;</p>			
<p>Eleonora Dimitrova - 8y 4m. (Q37) = A unilateral right complete cleft lip and alveolar ridge with displacement of fragments with large nasal deformities;</p>			
<p>Eline Nalbantova - 17g 2m. (Q37) = Unilateral left complete cleft lip and alveolar ridge with displacement of fragments with large nasal deformities;</p>			
<p>Erika Kovacheva - 10g 9m. (Q37) = Bilateral full symmetric cleft lip and alveolar ridge with displacement of fragments with small nasal deformities; total cleft palate. (Q38) = Holoprosencephaly;</p>			
<p>Elizabeth Varbanova - 8 m. (Q37) = A unilateral right complete cleft lip and alveolar ridge with displacement of fragments with large nasal deformities;</p>			

EMRFA x

Not secure | <https://dfa-bg.org/Panel/Panel/CreatePsychosocialFactor/7299fb79-7980-4b3e-a304-a7cf0c83bf01>

Apps ★ Bookmarks M Inbox (308) - yanastas Web Slice Gallery Импортрани от Inte Асоциация АЛА Правила за добра пр 0 Българска асоциация Other bookmarks

[REQUEST TO THE ADMINISTRATOR](#)

Sheltered housing; transitional housing;
☒ Imposed measure of protection;

Other comorbidities;
☒

Parents:

☐ No biological parents;
☐ Are there other children in the institution;
☐ Mother died;
☐ Died two parents;
☒ Another who cares for the child;

☐ Large families (more than 3 children);
☐ Divorced parents;
☐ Dad died;
☐ Denial of parental rights;

mother: Име Презиме Фамилия

☒ Without education;
☐ Jobless;
☐ Diseases (describe in comments);

☐ That robot education;
☐ Temporary work;
☐ Family history of;

father: Име Презиме Фамилия

☒ Without education;
☐ Jobless;
☐ Diseases (describe in comments);

☐ Primary education;
☐ Temporary work;
☐ Family history of;

Living conditions of the family:

☒ Family incomes below 1000lv. per month;
☐ The family has no email, no phone;

☐ Distance home to the county town more than 100 kilometers;

The apartment where the child lives is:

☐ Rent;
☐ Relatives;

☐ With mortgage;
☐ Of another kind (describe in comments);

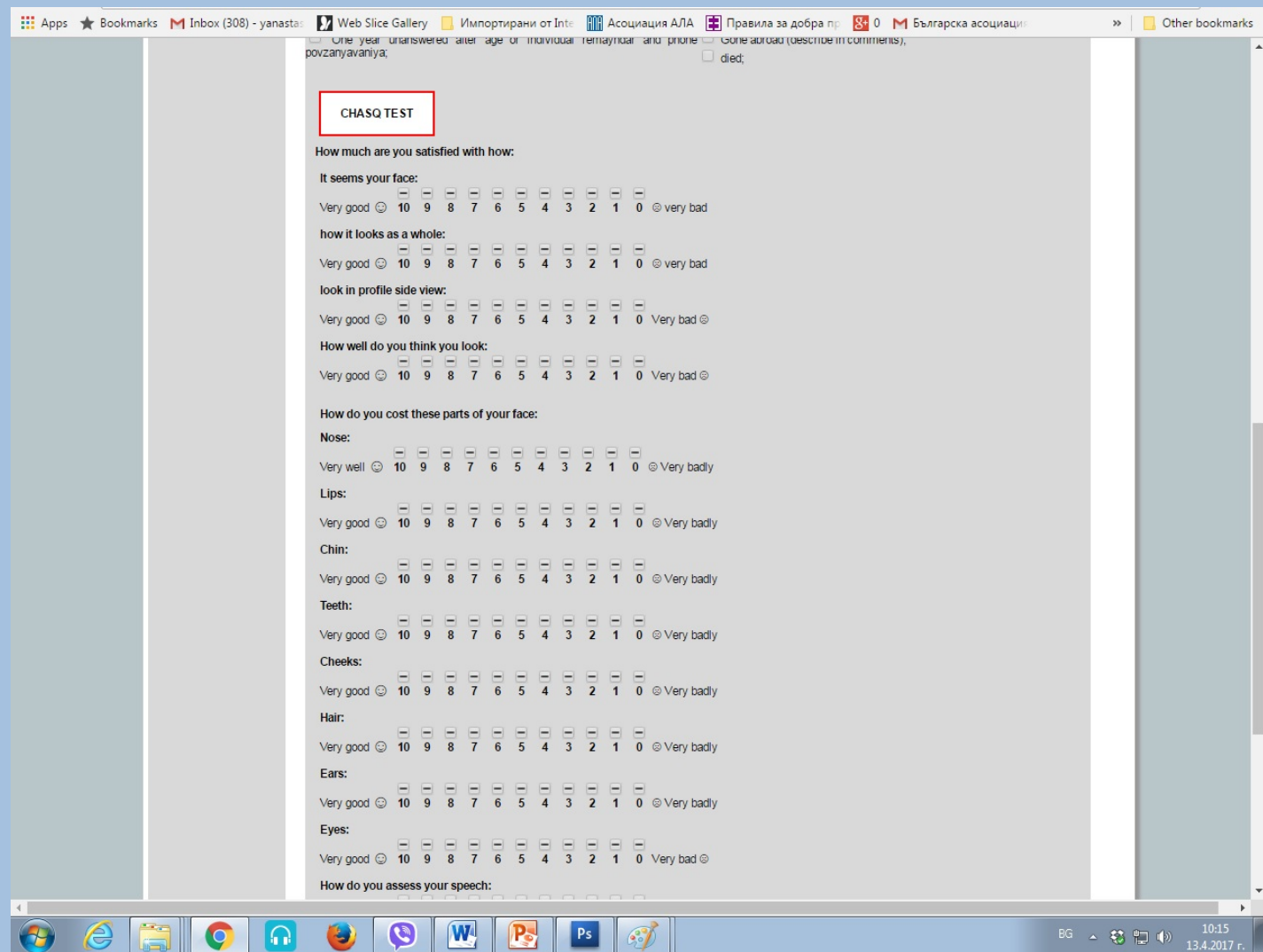
Lost sight of:

☐ One year unanswered after age or individual remayndar and phone povzanyavaniya;
☐ Gone abroad (describe in comments);
☐ died;

CHASQ TEST

Text

Windows Taskbar: 10:13 13.4.2017 г.





prof. Yuriy
Anastasov

SURGEON



[AID](#)

[INSTRUCTIONS](#)

[REQUEST TO THE
ADMINISTRATOR](#)



Nasko Nikolaev Banchev 7 m.

Phone number : 0896385851 Email : mariakaz@mail.bg

Address : 7573 Babuk Str. Vitosha 23

(Q37) - Unilateral left complete cleft lip and the alveolar crest with dislocation of the fragments with large nose deformities, total cleft palate;

[diagnosis](#) | [DETAILS](#) | [POSTS](#) | [NEW POST](#) | [GALLERY](#) | [FILES](#) |

pages:

PSYCHOLOGIST

PSYCHOSOCIAL FACTORS

(5m.) 02.28.2017

Psychosocial factors - HIGH RISK



Child - patient:

Temporarily placed in a specialized institution - orphanage or DDLRG;
Other comorbidities;

Imposed measure of protection;

Parents:

Another who cares for the child;

mother:

Without education;

father:

Without education;

Living conditions of the family:

Family incomes below 1000lv. per month;

PARENT / GUARDIAN

Guardian / Custodian: Zhelya Bancheva

CONTENT

The child was placed in an orphanage Ruse and the first meeting with him and his grandmother carer for the child and visited him in the institution at the end of 2016. The operation was postponed because of established heart murmur. For the second time in the ward and again is not operated. The child is at risk given that the judgment of relatives to apply for reintegration is related operations. The grandmother was consulted about opportunities to take action on reintegration, despite the delay in surgery. One major problem is that lack their own home to parents. Also extended family working abroad, making it difficult relationship with the child and more frequent visits.

Sylvia Karakoleva - Psychology



Out of sight

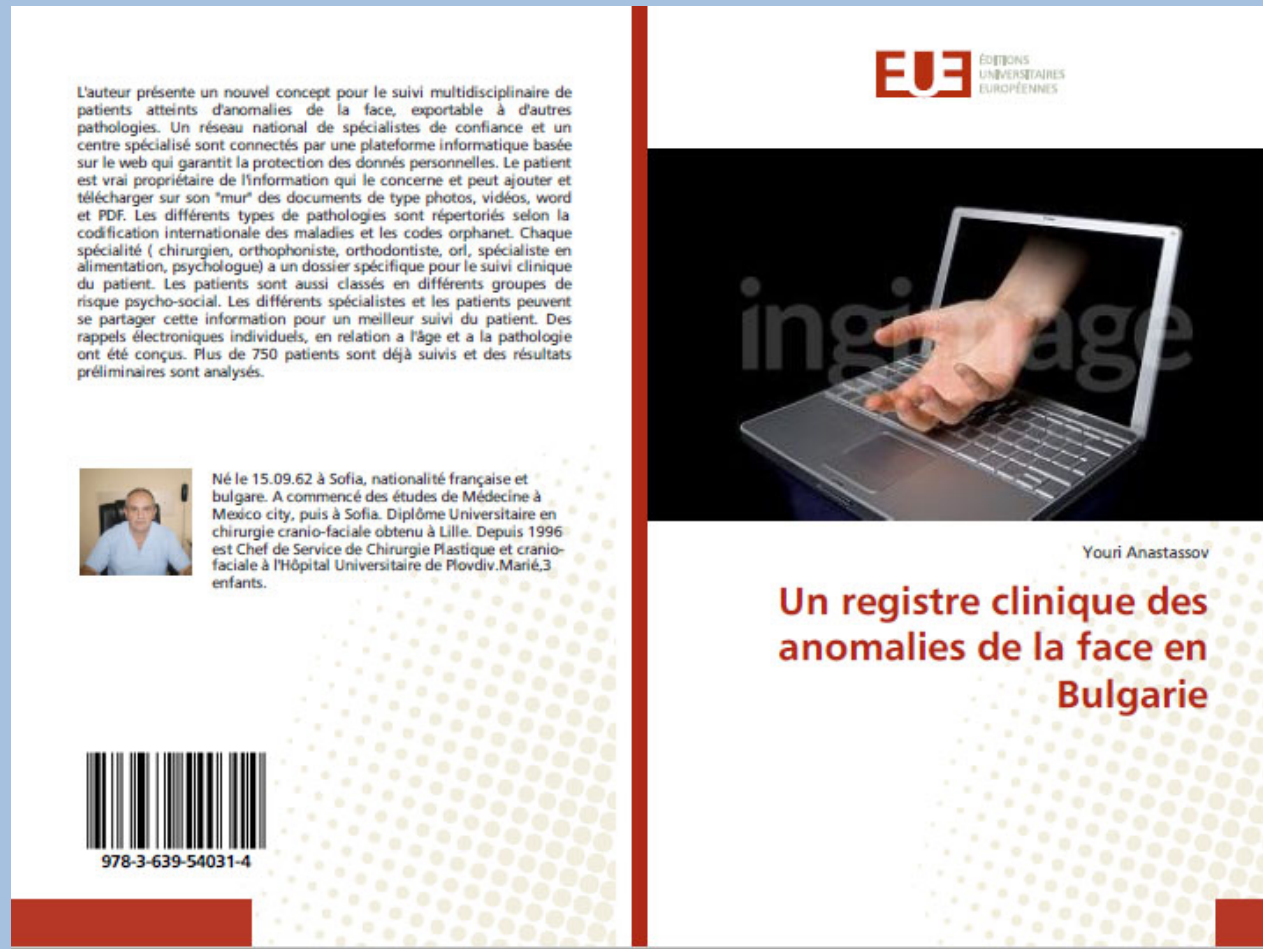
When the patient is not coming to the clinics at fixed ages (1, 3, 5, 8, 10, 12, 14, 18 , 21 years) and after an individual reminder for more than 1 year, an automatic reminder is send to the family and the Administrator.

Then phone calls are done by the responsible of the Team. 1 year after - the patient is classified as **out of sight** if there is no written consultation for 1 year in the register and also become part of the **high risk** group of patients

Originality of the EMR

- Clinical data using the EUROCLEFT standards for documentation
- Consecutif cases, life time follow up
- Participation of the patient
- Control of the Centre on the work performed near the home of the patient
- Statistics, research, epidemiology
- The Chasq test are included in our EMR
- The Team members filter the patients at risk and the system direct them to the psychologist

A book has been edited in 2016



Collaborative Grants



FACE VALUE

IHEM

Innovative Health
Educational Module



Training resources

- Psychosocial training for Health Care Professionals (HCP)
- Developed open resource training material in 5 languages
- Trained 324 HCP in Europe

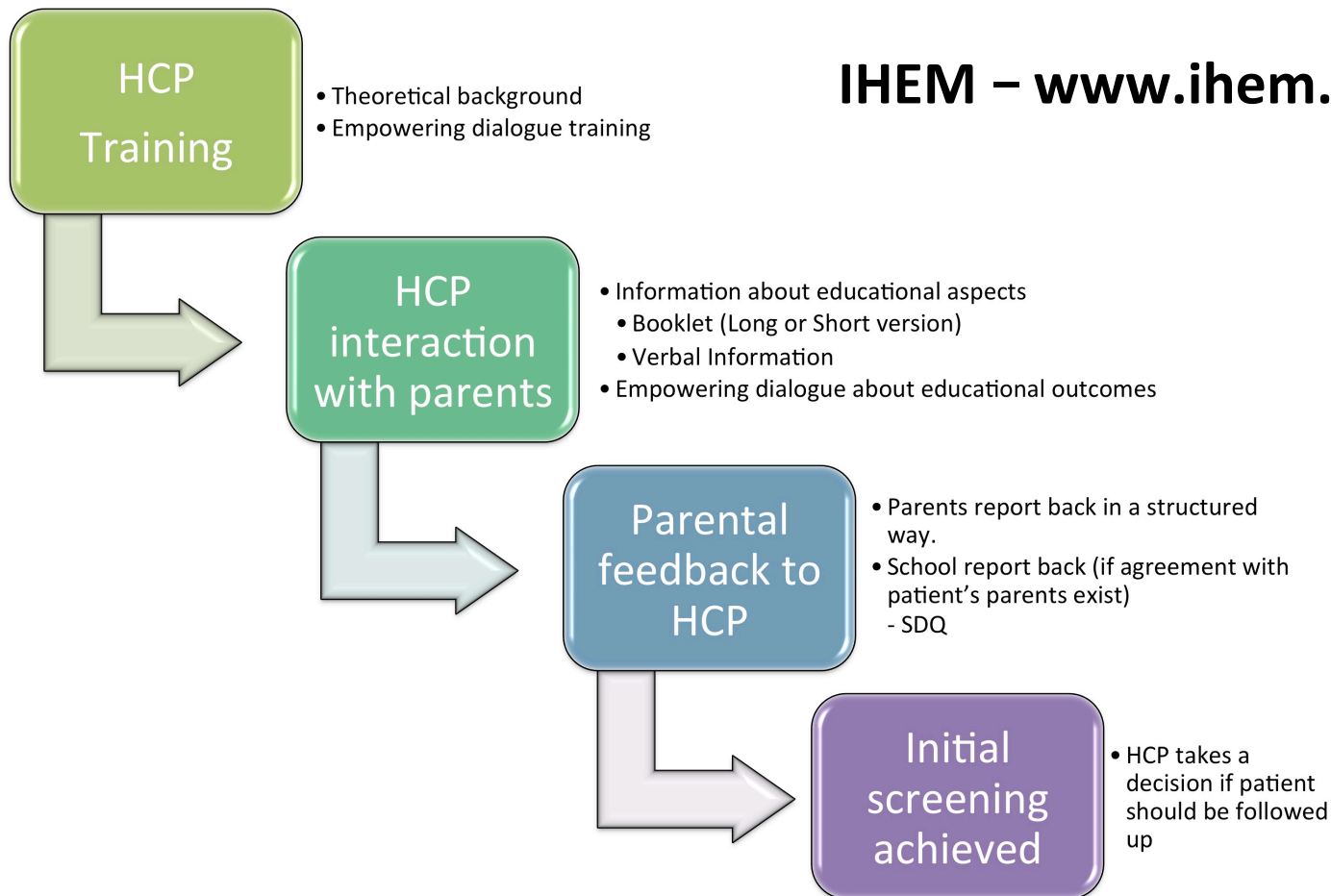


FACE VALUE

<http://www.facevalue.cc>

Training resources

IHEM – www.ihem.no



HCP = Health Care Professionals

Future

- Submitted 5 new grant applications
 - COST
- Networking
- Improved care



Thank you!

